

Nordic Championship Masters
Norsk Mesterskap Masters
Timetable Saturday February 15th



ver.4

	High Jump 1	High Jump 2	Pit 1	Shot Put	Pole Vault	Weight Throw		Track events		
10:00				men 35-49		women 60-64 / 65-69	10:00	10:00 200m	women 35-39	
			Standing Long Jump					10:05 200m	women 40-44	
10:10			men 80-94				10:10	10:12 200m	women 45-49	
								10:19 200m	women 50-54	
								10:26 200m	women 55-59	
10:30				men 65-69	men 35-54		10:30	10:33 200m	women 60-64	
10:35						women 70-74 / 80-84	10:35	10:40 200m	women 65-69	
								10:47 200m	women 70-74	
								10:54 200m	women 75-79	
								11:01 200m	women 80-84	
11:05			men 75-79			women 50-54 / 55-59	11:04	11:08 200m	men 35-39	
								11:13 200m	men 40-44	
								11:20 200m	men 55-59	
								11:27 200m	men 60-64	
11:30		men 70-74					11:30	11:34 200m	men 65-69	
11:45				men 55-59			11:45	11:45 200m	men 70-74	
								11:54 200m	men 75-79	
11:55			men 65-74				11:55			
12:00	men 55-59						12:00			
12:04						women 75-79 / 80-84	12:04			
								12:07 200m	men 80-84	
								12:14 200m	men 85-89	men 90-94
								12:20 200m	men 45-49	
								12:27 200m	men 50-54	
12:30		men 75-79					12:30	12:38 3000m	women all ages	
12:40				men 50-54			12:40			
12:45			men 60-64				12:45			
13:00						women 35-39, 40-44 45-49, 70-74	13:00			
13:01	men 35-49						13:01			
								13:03 3000m	men 70-74	men 75-79 men 80-84
13:29					men 55-69		13:29			
13:30		men 80-84	men 55-59				13:30			
				men 80-84				13:35 3000m	men 60-64	men 65-69
13:50								13:55 3000m	men 45-49	men 50-54 men 55-59
13:56						men 50-54	13:56			
14:15			men 35-49				14:15	14:15 3000m	men 35-39	men 40-44
14:20	men 60-64						14:20			
								14:40 4x200m	men 70-79	
								14:45 4x200m	men 80-89	
								14:50 4x200m	men 90-99	
14:52						men 35-39, 40-44, 45-49, 55-59	14:52			
14:55				men 70-74			14:55	14:55 4x200m	woman 70-79	
15:00		men 85-94					15:00	15:00 4x200m	woman 80-89	
			Long Jump					15:05 4x200m	woman 90-99	
15:11			women 70-84				15:11	15:10 4x200m	men 50-59	
								15:15 4x200m	men 60-69	
								15:20 4x200m	woman 50-59	
								15:25 4x200m	woman 60-69	
								15:30 4x200m		
15:44						men 80-84, 85-89, 90-94	15:44			
15:45								15:35 4x200m	men 40-49	
								15:40 4x200m	woman 35-39	
			Standing Long Jump	men 75-79			15:45	15:45 4x200m	woman 40-49	
16:00			men 50-54				16:00			
16:10	men 65-69						16:10			
16:29					men 70-89		16:29			
16:36						men 65-69	16:36			
16:40			Long Jump	men 60-64			16:40			
17:01			women 35-54				17:01			
17:35	men 50-54						17:35			
17:40				men 85-94			17:40			
17:55			women 55-69				17:55			