

Nordic Championship Masters
Norsk Mesterskap Masters
Timetable Friday February 14th



ver.4

Triple Jump Pit 1		Shot Put		Standing High Jump	Track events		
15:00	men 80-84	women 35-39	women 40-44	15:00	15:00 60m attempt	men 65-69	2 heat
					15:10 60m attempt	men 70-74	2 heat
					15:20 60m attempt	men 75-79	2 heat
					15:30 60m attempt	men 50-54	2 heat
					15:40 60m attempt	men 60-64	2 heat
15:45		women 55-59	women 60-64	15:45			
15:55	men 35-49			15:55	15:50 60m	men 55-59	
					15:55 60m	men 85-89	men 90-94
					16:00 60m	men 65-69	
					16:05 60m	men 80-84	
					16:10 60m	men 70-74	
					16:20 60m	men 75-79	
16:25		women 45-49	women 50-54	16:25	16:25 60m	men 50-54	
					16:30 60m	men 60-64	
16:35	men 85-94			16:35	16:35 60m	women 65-69	
					16:40 60m	women 70-74	
					16:45 60m	women 75-79	women 80-84
					16:50 60m	women 35-39	
Opening ceremony				Opening ceremony			
17:10	men 50-54	women 65-69	women 70-74	17:10	17:05 60m	women 40-44	
					17:10 60m	women 55-59	
					17:15 60m	men 35-39	
					17:20 60m	men 40-44	
					17:25 60m	men 45-49	
					17:30 60m	women 45-49	
					17:35 60m	women 50-54	
					17:40 60m	women 60-64	
					17:50 800m	men 80-84	
17:55		women 75-79	women 80-84	17:55			
18:00	men 60-69			18:00	18:00 Race Walk	women all ages	
					18:30 3000m Race Walk	men 35-64	
18:35				women all ages	18:35		
18:55	men 70-79			18:55			
					19:00 Race Walk	men 65-94	
					19:35 800m	women 35-49	
19:45	women all ages			19:45	19:40 800m	women 50-64	
					19:45 800m	women 65-84	
					20:00 800m	men 45-49	
					20:05 800m	men 35-39	men 40-44
					20:10 800m	men 50-54	
					20:15 800m	men 55-59	
					20:20 800m	men 60-64	
					20:25 800m	men 65-69	
					20:35 800m	men 70-74	men 75-79