



Norgeslekene
Jessheim friidrettsstadion
22.-24. august 2025
Tidsskjema fredag



Fredag	ALLE LØP		Høyde	Stav	Tresteg	Kule	Spyd	Fredag
	800m hinder							
16:35	G12, 13, G14							
16:43	J12, J13							
		16:45	MS					16:45
		16:50					G12	16:50
16:51	J10, J11							
16:59	G10, G11							
		17:00				J12/J13		17:00
	Korthekk							
17:15	KS 100mh				G15, G16, MS			
		17:20		J15, KS				17:20
17:25	MS 110mh							
	200m							
17:37	J16							
17:43	KS B							
17:47	KS A							
17:53	G13 B							
17:57	G13 A							
18:03	J13 B							
18:07	J13 A							
18:13	G14							
18:19	J14 B							
18:23	J14 A	18:25					J12/J13	18:25
18:29	G15 B	18:30				G12/G13		18:30
18:33	G15 A							
18:39	G16 B							
18:43	G16 A	18:45			J18/19, KS			18:45
18:49	J15 B							
18:53	J15 A							
18:59	MS D	19:00	KS					19:00
19:03	MS C							
19:07	MS B							
19:12	MS A							
	800m							
19:20	MS E	19:20		G15, MS				19:20
19:25	MS D							
19:30	MS C							
19:35	MS B							
19:40	MS A							
19:44	KS C							
19:49	KS B							
19:54	KS A	19:55					G13	19:55
	3000m							
20:07	MS C							
20:22	MS B							
20:37	MS A							
20:52	KS A							